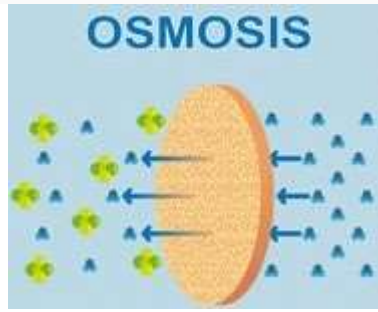




Let...



*“And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. **Let** them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. Don’t copy the behavior and customs of this world, but **let** God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect.”*

The Apostle Paul | Romans 12:1-2 (NLT)

We fight traffic, we fight to get ahead at work, we fight the deterioration of our bodies, we fight for our opinions, we fight each other, we even fight God! It’s as if a fire in our core fuels it. Deeply imbedded is the belief that one who doesn’t fight is weak. Only a fool **lets** another walk all over him, right? God forbid looking like a fool!

As if to slap our faces to wake us, God uses small words in scripture to flip our worlds upside down. Case in point, the word “let.” Even as I write the word here, my stomach cringes... is this not the way of fools? Mustn't we actively fight to be strong, to survive?

“Why challenge us with “let” God? Life's hard enough as it is!”

Reflect: When I have chosen not to fight in the past, what happened?

Osmosis is one of the powerful forces in God's creation. Why wouldn't God leverage it?

Osmosis: a process by which molecules (or ideas, knowledge etc.) tend to pass through a semipermeable membrane (or our minds) from a more concentrated solution into a less concentrated one.

What happens when you immerse white chalk into a jar of dye? Slowly the color penetrates. Deeper and deeper it goes until the chalk is transformed... a brand new color.

*“My child, pay attention to what I say. Listen carefully to my words. Don't lose sight of them. Let them penetrate deep into your heart, for they bring life to those who find them, and healing to their whole body.”
King Solomon (Proverbs 4:20-22)*

I continue to be baffled... Why is it that so many, despite knowing the benefits (life and healing) of immersing themselves in scripture, fail to do so? Most have no daily bath (1:1 time with scripture and God)... do

you?

What fight must you give up (busyness, striving, unbelief) to **let** this fit into your schedule?

My good friend likens “spiritual osmosis time” to getting the first button on your shirt in the right button hole each morning. Once in place, the others fall in line. Who looks more foolish? The one whose buttons are aligned or out of kilter?

Consider: Daily immersion in scripture will transform my life. Will I **let myself do it?**

Having such a daily practice in place is good, but brace yourself, “**Let**” has not finished its work. Many immerse themselves in scripture yet continue to fight God by being unwilling to **let** themselves (body, mind, soul, resources) be “*a living and holy sacrifice*” to God. Oh, they sound and even look good. Checking the various boxes (go to church, attend small groups, read Christian books, etc.) they are religious. Flourishing? Fruitful? Not so much.

“For I know the plans I have for you,” says the Lord. “They are plans for good and not for disaster, to give you a future and a hope.” The Lord (Jeremiah 29:11)

What a challenge the Lord presents us with... “**Let** me take you, your life, and make you fruitful. Trust me, my plans for you are good!”

What fight must you give up? What dominate fear makes you resist Jesus’ call? Paul pleads, don’t resist! Will you **let** go and entrust your future to the Lord?

Imagine: Immersing myself in what Jesus did on the cross leads me to my Mission.

A funny thing happens when you **let** yourself dwell on what really happened at the cross. Why did Jesus have to go through such torture?

Most of us have come to believe that, though we've done some bad things, our good outweighs our bad. So, we live our lives trying get by and be good people... religious. Noble, but is this not simply dressing the same person in new clothes? Did Jesus have to die for this?

When you immerse yourself in who Jesus is. When you truly grasp what he did for you on the cross. When you **let** the truth sink deep into your soul... the Lord will transform the way you think. Like that chalk, you'll become different throughout, a new person. Then God will **let** you know what his will is for your life, your Mission. "Good, pleasing, and perfect!" Is today the day you give up fighting and...

Let?

Go off the grid and ask these questions:

Coach's Questions

- What do I need to do to **let** spiritual osmosis happen? Who will hold me accountable to continue it?
- This week, **let** myself meditate on: "Jesus, why did you need to go to the cross for me?"
- What fear is restraining me, keeping me from **letting** God use me in a greater way? Will I **let** myself confront it by entrusting it to Jesus?

Spirit Talk

Post this where you will see it regularly.

Foster Kingdom Osmosis

*"I call to you, to all of you! I am raising my voice to all people. How naïve you are! **Let** me give you common sense. O foolish ones, **let** me give you understanding. Listen to me! For I have excellent things to tell you. Everything I say is right, for I speak the truth and hate every kind of deception. My advice is wholesome and good. There is nothing crooked or twisted in it. My words are plain to anyone with understanding, clear to those who want to learn."*

King Solomon | Proverbs 8:4-9



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