



One Day at a Time.

*“It is better to be godly and have little than to be evil and rich.
For the strength of the wicked will be shattered, but the Lord
takes care of the godly. Day by day the Lord takes care of the
innocent, and they will receive an inheritance that lasts forever.
They will not be disgraced in hard times; even in famine they will
have more than enough.”*

King David | Psalm 37:16-19 (NLT)

If I was paid a nickel for every day I spent worrying about the future I'd be a wealthy man! If I had to pay a nickel for every day I ruined by worrying I'd be broke! Worry about my future stole the joy from my todays... oh, the cost! Now I realize that time is my most precious asset and I'm learning to handle it much more carefully. **“One Day at a Time”** is the motto that keeps me on track.

Turns out that **One Day at a Time** comes straight from the Bible. It's the key to building wealth, being content, dealing with changing plans, working, living healthily with others... walking the path of life with Jesus. If I'd only learned this long ago!

One Day at a Time has become a foundation on which I build my Daily Disciplines. It permeates all I do. The benefit? Contentment across the board... who could put a price on this?

Reflect: How many days have I ruined by dwelling on the future?

Paradoxically, the first secret to living **One Day at a Time** lies in settling your mind once and for all about your future. Do you put your hope in the Lord's promised *"inheritance that lasts forever;"* your trust in the one who made this promise?

Challenge yourself on this, what's the evidence say? Do you, really? Ask Jesus to help you with your unbelief. (I've found I must ask for this throughout each day!)

"Put your hope in the Lord. Travel steadily along his path. He will honor you by giving you the land. You will see the wicked destroyed." (Psalm 37:34)

Once you do, simply travel along his path **One Day at a Time**. He'll take you to the land he's prepared for you (aka Heaven!) I know, I know...

easy to say... hard to do! We face stiff resistance. Creating worry is a bread-and-butter strategy our enemy uses to discredit God.

"Put on all of God's armor so that you will be able to stand firm against all strategies of the devil." The Apostle Paul (Ephesians 6:11)

For me, calling forth **One Day at a Time** and diving into my Daily Disciplines confounds the enemy's attempts to undermine my trust in the Lord, the promise maker. (I've found I must proclaim **One Day at a Time** throughout each day!)

*Consider: **One Day at a Time** is bedrock on which I build my Daily Disciplines.*

Bypass this second secret to living **One Day at a Time** and it'll become no more than a human construct with limited value.

"So don't worry about having enough food or drink or clothing. Why be like the pagans who are so deeply concerned about these things? Your heavenly Father already knows all your needs, and he will give you all you need from day to day if you live for him and make the Kingdom of God your primary concern." Jesus Christ (Matthew 6:31-33)

Jesus doesn't simply instruct us to stop worrying, but to supplant worry with Kingdom priorities. No longer are we to look to God simply to meet our physical desires. In fact, making our motive the Kingdom of God could come at the cost of our physical wants. He promises to

meet needs, not wants. Difficult! Enter the enemy again, this time painting how bad life will be (and God is) if you don't get what you want. Stand firm! And hold your wants loosely. (I've found I must loosen my grip throughout each day!)

*Imagine: **Advancing my Mission One Day at a Time.***

The enemy has yet another trick, seducing many to believe that their life's Mission, what the Lord has them here to do, is something big they must find "out there"... the perfect job, or something that will arise once they get the right education, or is reserved for when they finish their worldly work. Do you see how this conflicts with **One Day at a Time?**

"Commit everything you do to the Lord. Trust him, and he will help you. He will make your innocence radiate like the dawn, and the justice of your cause will shine like the noonday sun." (Psalm 37:5-6)

Why would Jesus, the one who tells us not to worry about tomorrow, instruct us that our Mission won't be found until tomorrow? Will tomorrow ever come? How might life change if you made your Mission a Daily Discipline? If you committed yourself (everything) to advance it...

One Day at a Time?

Go off the grid and ask these questions:

Coach's Questions

- How much of my day is consumed by worry? What's this costing me?
- How could I instill **One Day at a Time** into my life?
- What Daily Disciplines will I build atop my **One Day at a Time** foundation?
- How will I use **One Day at a Time** to stand firm against my enemy?
- What will making my Mission a Daily Discipline look like for me? Don't know my great cause, my Mission? [Start here!](#)

Spirit Talk

Post this where you will see it regularly.

One Day at a Time is Bedrock

"Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock. Though the rain comes in torrents and the floodwaters rise and the winds beat against that house, it won't collapse because it is built on bedrock."

Jesus Christ | Matthew 7:24-25 (NLT)



Share



Tweet



Forward

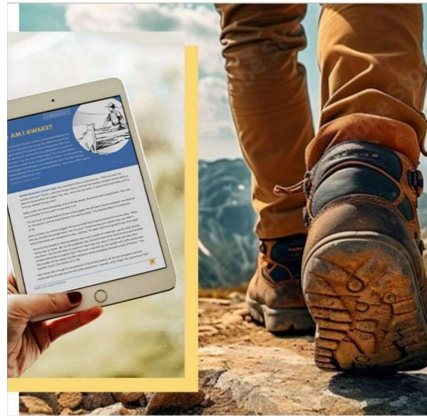


Share

Brand New!

Don't know your Mission?

Our *"Mobilize Your Mission Self-Guided Workshop"* will guide you to it.



This focused workshop progresses down a proven path where you'll receive your Mission (the work God has you here to do) and the passion filled story that powers it. Along the way, discover the four life transforming Foundations of Mission and find yourself challenged to enter the Adventure of Your Life.

1. **Create deeper intimacy with God**—His greatest desire for you
2. **Find the power of your life's Mission**—inspired work, aligned life, direction
3. **Tap into the passion of your life's story**—why you are perfect for your Mission
4. **Create a plan to Mobilize Your Mission**—this will change your life!

[Start MYM Workshop for Free!](#)

Ready for a deeper dive?

Engage the Advisor Guided, **Reach New Peaks Workshop**. It will change your life. Guaranteed. Schedule a free consultation on how to start the process:

“

“If one is seeking direction in life and looking forward to new adventures, **this workshop is the perfect trail map** to get you to your destination!”

~ DAN B.

Life Mission: Shaping radical existence in the everyday



Mission Curve Process—Guaranteed

Adventuring with God

Blog Posts



The Mountain in Front of You Isn't the Real Mountain

I've climbed a number of mountains over my life. I can tell you there is nothing like being at the top, unobstructed views in every direction. There's a wild sense of... [Keep reading](#)

[View All Blogs](#)



Copyright © 2025 Mission Curve Advisors, All rights reserved.

You are receiving this email because you opted in via our website.

Our mailing address is:

Mission Curve Advisors
18160 Cottonwood Rd PMB 440
Bend, OR 97707-9317

[Add us to your address book](#)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

