

## Walk Here!

*“Send out your light and your truth; let them guide me. Let them lead me to your holy mountain, to the place where you live. There I will go to the altar of God, to God—the source of all my joy. I will praise you with my harp, O God, my God!”*

*Psalm 43:3-4 (NLT)*

Want to radically deepen your walk with Jesus? Change the course of your life? Gain access to the pure joy the Bible speaks of? Commit to a full day to prayer and fasting – a “Dedicated Day.”

Many will say “Well, sounds great... but, it’s not practical for me.” Others, “Too ‘woo, woo’ spiritually for me.” My fear is that most will

never partake in this bold spiritual discipline and miss life changing communion with Jesus.

What do you say?

“Awkward!” was my emotion the first time I engaged in a Dedicated Day back in 2002. “Awe!” was my emotion following it. Jesus reset the trajectory of my life; he gave me my life’s Mission! Since then, I’ve dedicated a day to prayer and fasting several times a year (when I’ve felt stuck, frustrated, confused...) and each time, without fail, either during or sometime thereafter, my walk with Jesus has deepened. I’ve come to expect it.

On a hike the day before my most recent Dedicated Day I asked Jesus, “What should I be thinking about as I prepare for tomorrow?” I heard, “Go deeper.” I was both intrigued and puzzled.

*Reflect:* **What’s keeping me from dedicating a day to prayer and fasting?**

I hadn’t realized that Jesus had already laid groundwork. A week prior I woke with a song in my head. Knowing some lyrics but not the title, I searched YouTube. A different song popped up; a good one... titled [“He Is”](#) by Crowder. (I still haven’t found the one I was looking for!)

Upon waking on my Dedicated Day I asked, “What do you want me to do?” I felt led to read John. Instead of reading a single chapter like I

normally would, I read John 1-11. Suddenly, that song “*He Is*” popped into my head. I played it, then started journaling, prompting myself by asking, “What do you want me to know?” Typical of Jesus, he responded with a question – “Who do you say I am?”

“Easy... I’d just read all about you... and the song spelled it out too! The Light, savior, messiah, healer... the source of everlasting life!”

*When Jesus came to the region of Caesarea Philippi, he asked his disciples, “Who do people say that the Son of Man is?”*

*“Well,” they replied, “some say John the Baptist, some say Elijah, and others say Jeremiah or one of the other prophets.”*

*Then he asked them, “But who do you say I am?”*

*Simon Peter answered, “You are the Messiah, the Son of the living God.”  
(Matthew 16:13-16)*

But then, reminiscent of Jesus asking his disciples a second time, he asked, “But who do you say I am?” Stopped me cold... “I just told you!” After allowing his question time to echo, it hit me. “You’re my best friend!”

I spent the next hours recalling my best friends in childhood... we’d hang together all the time!

**Consider: Hanging with my best friend is... the best!**

The fruits of a Dedicated Day often ripen days or weeks following. On a subsequent hike, now with my best friend, our spirits walking side by side talking constantly, he says, "Walk in my joy!" Instantly I knew that his joy emanated amidst our encounter, from that sacred "alter" where my spirit and his Spirit meet... in Intimacy.

*"Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything." (James 1:2-4 NIV)*

Best friends go through everything together, right? Fun times, yes, but also trials of many kinds. Jesus instructed me to, regardless of my situation, "Walk here!" ...in our cherished meeting place, where pure joy is found... in Intimacy. I vowed right then to dwell at this alter through thick and thin and never let anything impure interfere with it.

Take a moment... envision your spirit and his walking in Intimacy, always – inseparable communion. Walk here! Let his joy fill you!

**Imagine: A Dedicated Day unlocking me to receive my Mission.**

How will you gain your Mission lacking an intimate relationship? Can you persevere through your worldly challenges without walking and co-laboring with your best friend? Who'd want to go through life void of

pure joy? Say “Yes!” and plan a Dedicated Day. Discover the sacred meeting place Jesus has prepared for you, where you’ll commune as best friends. Allow him to teach you how to...

### Walk Here!

Go off the grid and ask these questions:

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#### Coach’s Questions

- Commit to a Dedicated Day. Choose a quiet, secluded place. Allow no interruptions, no electronics. Ask a friend to hold me accountable to do it.
- Ask Jesus, “What should I be thinking about as I prepare for my Dedicated Day?”
- How can I make the alter my go to place when faced with challenges?
- Don’t know my Mission? Lay the groundwork and facilitate a powerful Dedicated Day to receive my Mission. [Start here!](#)

## Spirit Talk

Post this where you will see it regularly.

**Joy is found in Intimacy.**

*“I will bless the Lord who guides me; even at night my heart instructs me. I know the*

*Lord is always with me. I will not be shaken, for he is right beside me. No wonder my heart is glad, and I rejoice. My body rests in safety. For you will not leave my soul among the dead or allow your holy one to rot in the grave. You will show me the way of life, granting me the joy of your presence and the pleasures of living with you forever."*

*King David | Psalm 16:7-11 (NLT)*



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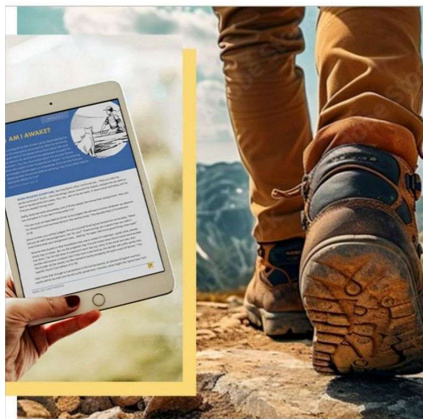


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## Brand New!

## Don't know your Mission?

**Our "Mobilize Your Mission Self-Guided Workshop" will guide you to it.**



This focused workshop progresses down a proven path where you'll receive your Mission (the work God has you here to do) and the passion filled story that powers it. Along the way, discover the four life transforming Foundations of Mission and find yourself challenged to enter the Adventure of Your Life.

1. **Create deeper intimacy with God**—His greatest desire for you

2. **Find the power of your life's Mission**—inspired work, aligned life, direction
3. **Tap into the passion of your life's story**—why you are perfect for your Mission
4. **Create a plan to Mobilize Your Mission**—this will change your life!

[Start MYM Workshop for Free!](#)

## Ready for a deeper dive?

Engage the Advisor Guided, **Reach New Peaks Workshop**. It will change your life. Guaranteed. Schedule a free consultation on how to start the process:

“

“If one is seeking direction in life and looking forward to new adventures, **this workshop is the perfect trail map** to get you to your destination!”

~ DAN B.  
Life Mission: *Shaping radical existence in the everyday*



## Adventuring with God

Blog Posts



### Do This Before You...

I've been reading through the four Gospels sequentially and noticed what could be one of Jesus' most consistent and powerful behaviors, a lesson for all of us. It's no secret, but ... [Keep reading](#)

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